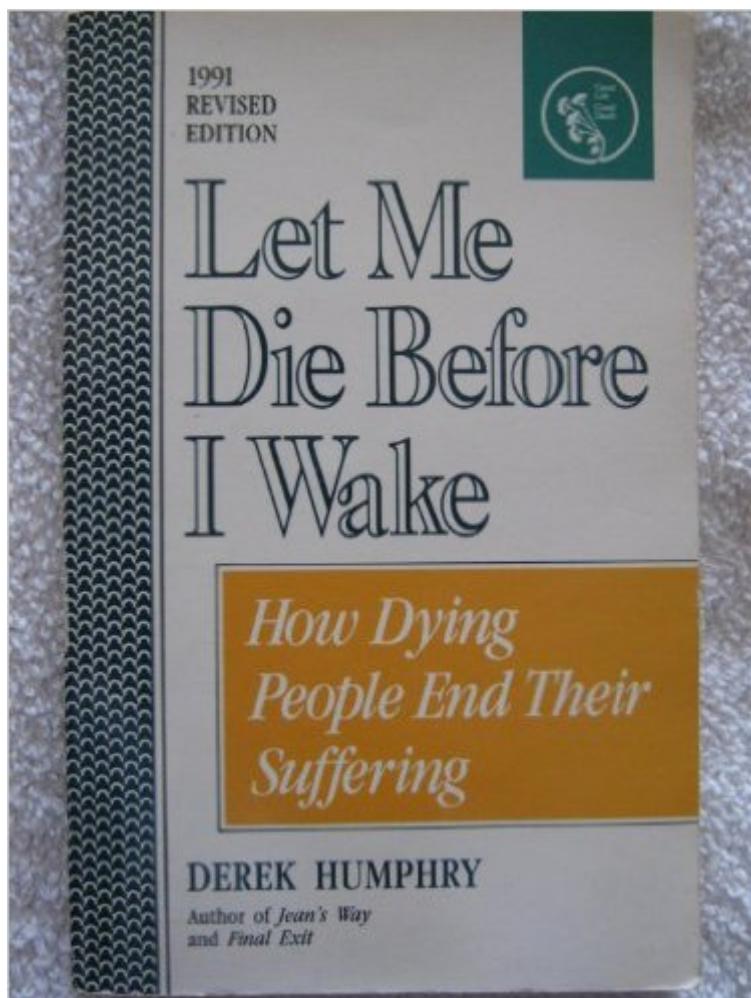


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# Let Me Die Before I Wake: Hemlock's Book Of Self-Deliverance For The Dying



## **Synopsis**

From the author of the phenomenal #1 national bestseller Final Exit, a collection of moving, true stories about terminally ill people who chose to die on their own terms. Humphry, founder of the National Hemlock Society, provides valuable information on the proper use of lethal drugs to accomplish a death with dignity.

## **Book Information**

Paperback: 176 pages

Publisher: Natl Hemlock Society; Lrg Sub edition (March 1991)

Language: English

ISBN-10: 096060300X

ISBN-13: 978-0960603008

Product Dimensions: 0.5 x 5.8 x 8.5 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 3.6 out of 5 starsÂ  [See all reviewsÂ \(13 customer reviews\)](#)

Best Sellers Rank: #1,119,827 in Books (See Top 100 in Books) #20 inÂ Books > Medical Books > Medicine > Euthanasia #4695 inÂ Books > Politics & Social Sciences > Philosophy > Ethics & Morality

## **Customer Reviews**

This is a difficult book to read. Not because it is poorly written, on the contrary, but because of the stories contained within. In it the author describes the steps taken by several people in order to end their own lives (mostly through overdoses), in some cases through the direct help of close relatives, with one story covering the death of the author's first wife. These stories serve as the argument for the means of committing suicide being made available, and being accepted by society, and shows how terminally ill people may preserve their dignity by taking their lives into their own hands. In addition, two of the stories show the trouble that may result from the lack of assistance in such an endeavor, and the additional pain that may result when clumsy attempts fail and the people involved have to go further than should ever be necessary (shooting, asphyxiation). The book also contains advice on how to commit suicide, for those who are actually contemplating such a thing, and gives good advice as to how to approach the subject, stressing an open dialogue with the nearest and dearest. However, the advise is in my opinion limited, and I would not suggest that anybody uses this book as their only reference, should they be contemplating suicide. However, as this is the first book directly dealing with this subject that I've read, I can as of yet offer no advice on other

material. Another reviewer pointed out the lack of a real discussion of when suicide is warranted, which I agree with. There is a short disclaimer in the beginning of the book against "irrational suicide", but a longer discussion of this would have been usable, preferably with resources for those who need it.

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Let Me Die Before I Wake: Hemlock's Book of Self-Deliverance for the Dying Sixto Diaz Rodriguez's Philosophy: Rodriguez's eBook Guide to Happiness (How to Live Before Dying, How to Live Before You Die; Leadership for our Times) Final Exit: The Practicalities of Self-Deliverance and Assisted Suicide for the Dying, 3rd Edition 1,000 Recordings to Hear Before You Die (1,000... Before You Die Books) Self-Love: The 21-Day Self-Love Challenge - Learn how to love yourself unconditionally, cultivate self-worth, self-compassion and self-confidence (self ... happiness) (21-Day Challenges Book 6) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Self-Discipline: Achieve Unbreakable Self-Discipline: How To Build Confidence, Willpower, Motivation, Self-Belief And Master Your Life!: Self control, ... Self-Confidence, Self-esteem, Organizing) Self Hypnosis for Beginners: The Ultimate Guide With Systematic Steps To Master Self Hypnosis (Self Hypnosis, Self hypnosis as you read, Self hypnosis diet) Self Hypnosis: The Ultimate Beginners Guide To Mastering Self Hypnosis In 7 Days (self hypnosis, self hypnosis diet, self hypnosis for dummies) A Mystic Murder: A Witch Cozy Murder Mystery (Witches of Hemlock Cove Book 1) A Cryptic Case: A Witch Cozy Murder Mystery (Witches of Hemlock Cove Book 2) A Tangled Teaser: A Witch Cozy Murder Myster (Witches of Hemlock Cove Book 3) A Paranormal Puzzle: A Witch Cozy Murder Mystery (Witches of Hemlock Cove Book 4) HYPNOSIS FOR WEIGHT LOSS: SELF HYPNOSIS as you read (FREE Life Mastery Bonus Toolkit Included!) (Self Hypnosis As You Read, Self Hypnosis for Beginners, ... Weight Loss, Self Hypnosis Audio Book 3) On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy and Their Own Families On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy, and Their Own Family NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness Experiencing CBT from the Inside Out: A Self-Practice/Self-Reflection Workbook for Therapists (Self-Practice/Self-Reflection Guides for Psychotherapists) Let's Talk About Feeling Angry (Let's Talk About Book 1) When Did You Die?: 8 Steps to Stop Dying Every Day and Start Waking Up

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